

Resolution No. (33) of 2020

Requirements and procedures for Licensing Health facilities providing drug addiction treatment and rehabilitation of addicts

Chairman of the Supreme Council of Health:

After perusal of Decree-Law No. (2) of 1987 in the matter of non-physicians and pharmacists practicing allied health professions,

And Decree-Law No. (7) of 1989 regarding practicing the profession of medicine and dentistry,

And Decree-Law No. (14) of 1989 approving the accession of the State of Bahrain to the Single Convention on Narcotic Drugs of 1961 as amended by the Protocol of 1972 and to the Convention on Psychotropic Substances of 1971,

And Decree-Law No. (18) of 1997 in the matter of organizing the pharmacy profession and pharmacy centers, as amended by Decree-Law No. (20) of 2015,

And Law No. (15) of 2007 regarding narcotic drugs and psychotropic substances,

And Law No. (8) of 2009 regarding combating smoking and tobacco of all kinds,

And Law No. (38) of 2009 establishing the National Health Regulatory Authority, as amended by Decree-Law No. (32) of 2015,

And Decree-Law No. (21) of 2015 regarding private health facilities, as amended by Law No. (1) of 2019,

Law No. 1 of 2017 on protecting society from acquired immune deficiency syndrome (AIDS) and protecting the rights of people living with it,

And Decree No. (5) of 2013 establishing the Supreme Council of Health, and its amendments,

Resolution No. (1) for the year 1994 in the matter of organizing the profession of physiotherapy, amended by Resolution No. (4) of 2000,

And Resolution No. (20) of 2016 regarding specifying the categories of fees for private health care facilities,

Resolution No. (2) of 2019 regarding classification of health care facilities, and the required health, technical, and safety requirements that must be met in their premises and equipment.

And based on the proposal of the CEO of the National Health Regulatory Authority,

And after the approval of the Supreme Council of Health in its meeting No. (6) held on September 6, 2018

It was decided the following:

Article one

The provisions of the list of requirements and procedures for licensing health facilities for drug addiction treatment and rehabilitation of addicts accompanying this decision shall be enforced.

Article Two

Any provision that contradicts the provisions of this resolution shall be repealed.

Article Three

The CEO of the National Health Regulatory Authority must implement this decision, and it shall come into force on the day following the date of its publication in the Official Gazette.

Issued on: Dhu al-Hijjah 16, 1441 AH

Corresponding to: 6 August 2020 AD

Requirements and procedures for

Licensing Health facilities providing drug addiction treatment and rehabilitation of addicts Article (1)

Definitions

In the application of the provisions of this regulation, the following words and expressions shall have the meanings indicated next to each of them, unless the context of the text requires otherwise:

Law: Decree-Law No. (21) of 2015 regarding private health facilities.

The Authority: The National Health Regulatory Authority.

Rehabilitation of addicts: the reintegration of addicts into society after completing their treatment journey and their recovery from addiction to the extent that allows them to continue their previous lives normally.

Health care facility: Any non-governmental facility (hospital or medical center) that practices drug addiction treatment and rehabilitation services for addicts, or (rehabilitation center) that practices drug rehabilitation services.

Health care facilities decision: Resolution No. (2) of 2019 regarding classification of health facilities, and the required health, technical, and safety requirements that must be met in their premises and equipment.

Article (2)

License

Subject to the provisions of the law, it is not permissible to establish, operate or manage a health facility or engage in any activity related to the areas of drug addiction treatment, rehabilitation of addicts, except after obtaining a prior license from the authority in accordance with the provisions of these regulations.

Article (3)

license application

The health facility licensing application shall be submitted to the Health Facilities Regulation department in the Authority on the form prepared for this purpose through the Sijilat site of the Ministry of Industry, Commerce and Tourism, accompanied by the following documents:

1- An illustrated engineering drawing from an approved engineering office indicating the location of the health facility, the names of the surrounding streets, and the areas and names of the rooms.

- 2- A statement of the number of the medical, technical and administrative staff with a brief description of their scientific qualifications and technical expertise.
- 3- A certificate of good conduct for the owner of the facility and the partners, if any.
- 4- A statement specifying the services to be provided.
- 5- The name of the person officially authorized to represent the facility in dealing with the Authority, and a prove of his authorization in that.
- 6- A copy of the passport or ID card of the applicant and the partners, if any.
- 7- Application form available on the authority's website.
- 8- A copy of the receipt indicating payment of the prescribed fee for submitting the license application.

Article (4)

Taking in consideration the provisions of the health facilities decision, the authority issues the license to the health facility after paying the prescribed fee, and it should be valid for a period of one year and renewable for similar periods.

The application for renewing the license must be submitted within three months prior to its expiry date.

Article (5)

Classification of health facilities

Health facilities are classified according to the services they provide into the following:

- 1- **Hospitals for treatment and rehabilitation:** provide addiction treatment and rehabilitation services for addicts, including patient accommodation.
- 2- **Treatment and Rehabilitation Centers:** Provides addiction treatment and rehabilitation services for addicts without a patient accommodation service.
- 3- **Rehabilitation centers:** only provide rehabilitation services for addicts after completed their treatment, and are classified into the following:
 - A- Rehabilitation centers with accommodation.
 - B- Rehabilitation centers without accommodation.

Article (6)

Security and safety requirements

Subject to the provisions of the health facilities' decision, the following conditions and controls must be met in the health institution:

- 1- Providing surveillance cameras at the entrances, exits, corridors, and danger containment room, and keeping the registration of those cameras for at least five years.
- 2- The existence of controls and procedures to organize the visits and determine their times.
- 3- Applying inspection procedures to all arrivals to the health facility.
- 4- Providing a room or a protective cabinet for liquids and inflammable or explosive materials, in accordance with internationally approved standards and under the supervision of a technical specialist in dealing with them.
- 5- Not to put inside locks on the doors of rooms and bathrooms and take into account that the bathroom doors are opened to the outside whenever possible.
- 6- Ensure that the inner wards are free of any tools that are likely to cause any bodily harm or that could be misused by the patient or help to take seriously any suicidal idea.
- 7- Providing means to assist in acting and taking quick medical and security measures in cases of attempted suicide.
- 8- Prohibiting the presence of any tools or ropes used in suicide.
- 9- Installing multiple safety devices on windows, toilets, and patient rooms commensurate with the severity of each of them.
- 10- Installing a clear sign in both Arabic and English in a visible place indicating that smoking is prohibited inside the health facility, and it is permissible to allocate a designated smoking room, provided that it is isolated from smoking-prohibited places, tightly closed and equipped with special suction fans, according to the health requirements issued by the Ministry of Health.
- 11- Conducting periodic maintenance of devices to provide safety for technicians who operate them and for patients.
- 12- Not to allow patients to use medical devices and equipment themselves except under the direct supervision of a specialized employee of the health facility.

13- Providing an ambulance 24 hours a day - for emergency cases in treatment and rehabilitation hospitals - equipped according to the specifications in forced locally.

14- Providing 24-hour security staff in treatment and rehabilitation hospitals, and rehabilitation centers with accommodation.

15- Providing occupational safety measures to protect workers from occupational hazards in accordance with occupational health and safety conditions, including commitment to the following:

A) Conducting a medical examination for workers before they are appointed to the health facility and re-examining every three years; To verify the extent of their health fitness to work and to-report that to the authority.

B) Immunizing workers against infectious diseases and to report that the authority.

C) Conducting a medical examination for employees at the request of the authority and whenever required; To check how healthy they are to keep working.

D) Providing the authority with evidence of workers' training - each according to his professional specialization - in dealing with patients with severe cases, and on methods of transporting them in wheelchairs or carrying them to beds.

16- The administrative director of the health facility - or whoever he delegates - is responsible for the safety of workers if their number does not exceed fifty (50) workers. If they exceed this number, responsibility rests with a health official specialized in occupational health and safety.

Article (7)

Policies of health facilities

Every health facility is obligated to provide policies and procedures for the following matters:

1- Admission, discharge and transfer of patients to and from the health facility.

2- A comprehensive evaluation of patients coming to the facility and determining their needs according to their mental and health status.

3- Determining the short- and long-term treatment plan for each patient according to his need, including the required tests, detoxification and rehabilitation program.

4- Maintaining the safety and security of patients, visitors and workers.

- 5- Commitment to the rights and duties of patients and their families.
- 6- Maintaining the patient's privacy and confidentiality of his information.
- 7- The presence of a mechanism to control the entrances, exits and corridors and monitor them over a period of (24) hours.
- 8- Existence of an inspection and control mechanism that prevents the introduction of any prohibited materials or sharp objects that may affect the course of the patient's treatment plan, health and safety.
- 9- Determine the visiting system and times in treatment and rehabilitation hospitals and organizing phone calls.
- 10- Prohibition of ordering food from outside the health facility.
- 11- Providing a policy to receive and deal with people with infectious diseases such as hepatitis virus (B&C) and acquired immune deficiency syndrome (AIDS).

Article (8)

Conditions and requirmensts of the medical director

Subject to the conditions and requirmensts that must be met by the medical director of the health facility, stipulated in the law and the decision of health facilities, the following must be adhered to:

- 1- The rank of the medical director in the treatment and rehabilitation hospital or the treatment and rehabilitation center should not be less than the consultant rank.
- 2- The medical director in the rehabilitation center should not be less than a specialist.
- 3- The medical director must have adequate experience in administration.
- 4- The approval of the authority should be obtained for the medical director of the facility within six months from the date of obtaining the license.

The medical director shall be responsible for managing the medical staff and for any failure or deficiency in providing medical care.

Article (9)

Conditions and requirements of the managing director

Subject to the provisions of the health facilities' decision, the health facility must have an administrative director responsible for administrative work, in accordance with the following conditions and controls:

- 1- He must have a qualification - not less than a bachelor's degree - in a health profession, health care administration, hospitals, or business administration.
- 2- To be fully devoted to managing the health facility.
- 3- He should not have had a final judgment issued against him in a felony or misdemeanor that violates honor or trust, including drug crimes or psychotropic substances.
- 4- The administrative director may delegate part of his duties to other workers in the health facility.
- 5- In presence of a branch for the facility; It is permissible for the administrative director at its headquarters to assume the duties of the director of the corporation's branch during his absence.

Article (10)

Conditions of the medical staff

Subject to the provisions of the health facilities' decision, and in accordance with the scope of the services it provides, a sufficient number of consultant, specialists, and residents in various specialties of psychiatry and addiction treatment, and a physician specialized in internal medicine must be available in treatment and rehabilitation hospitals According to the following conditions:

- 1- Physician: to be licensed by the Authority as a physician, with a fellowship in psychiatry, and has specialized training in addiction treatment under supervision for a period of at least two years, and basic courses in CPR. The qualification is not considered unless it is approved and certified by Competent authorities.
- 2- Psychology Specialist: To be licensed by the Authority as a specialist in psychology, and who holds a bachelor's degree in clinical psychology, or a bachelor's degree in a specialty of psychology with a special training course - not less than six months - in addiction treatment, Or a higher diploma or master's degree in clinical psychology from a university, college or institute accredited by the Authority and the Higher Education

Council, and the qualification is not considered unless it is approved and certified by the competent authorities.

3- Clinical Nutrition Specialist: To be licensed by the Authority as a specialist in clinical nutrition, and who has obtained a bachelor's degree in clinical nutrition from a university, college or institute recognized or registered in the medical bodies approved by the authority and the Higher Education Council, and the qualification is not considered Unless it is approved and certified by the competent authorities.

4- Occupational Therapy Specialist: To be licensed by the Authority as a specialist in occupational therapy, and who holds a bachelor's degree in occupational therapy, specializing in psychological and mental health, for no less than three academic years from one of the universities, colleges or institutes approved by the Authority and the Higher education council, and the qualification is not considered unless it is approved and certified by the competent authorities.

5- Physiotherapist: To be licensed by the Commission as a specialist in physiotherapy, and who holds a bachelor's degree physiotherapy for a study period of no less than four years from one of the universities, colleges or institutes accredited by the Authority and the Higher Education Council, and to be licensed It is approved by the authority, and the qualification is not considered unless it is approved and certified by the competent authorities.

6-Qualified nurse in psychiatry: to be licensed by the Authority as a qualified nurse in psychiatry, and hold a bachelor's degree in nursing and a high diploma in nursing mental health, basic courses in CPR, in addition to training in the field of psychiatry no less Its duration is about a year.

Article (11)

Terms of technical staff

Subject to the provisions of the health care facilities 'decision, the health care facility that provides treatment and rehabilitation services, and according to the scope of the services it provides, must have the necessary technical staff and include, as a minimum, the following:

- 1- A general practitioner with at least five years of experience, or a specialist or consultant in internal medicine.
- 2- Consultant psychiatrist.
- 3- Psychology specialist.
- 4- Occupational therapist.

- 5- Physiotherapist.
- 6- Clinical nutrition specialist.
- 7- Pharmacist.
- 8- Pharmacy technician.
- 9- Social worker.
- 1- Security and safety system.

Each member of the technical staff is required to complete the basic CPR courses.

Article (12)

Conditions for the nursing staff

Subject to the provisions of the health care facilities' decision, the health care facility must have a qualified nursing staff - with an appropriate number - and have experience in the field of mental health, and that the head (supervisor) of nursing must have the necessary academic qualifications and have experience in his field of specialization, and is required to complete the basic CPR courses.

Article (13)

Requirements for treatment and rehabilitation hospitals and centers

Subject to the provisions of the health care facilities' decision, the following conditions must be met treatment and rehabilitation in hospitals and centers:

- 1- The most modern methods of diagnosis and treatment of addiction implemented internationally.
- 2- Conducting the necessary psychological assessment for diagnosis and rehabilitation.
- 3- Developing a special treatment and rehabilitation plan for each patient that follows the international systems in modern treatment.
- 4- The presence of a general practitioner, specialist, or consultant in internal medicine on a 24-hour basis to provide medical services to patients when needed.
- 5- Providing a cardiopulmonary resuscitation cart (emergency cart) that meets the requirements stipulated in the health care facility' decision.

6- Providing a room equipped to contain the acute symptoms of the patient during treatment or in the detoxification phase (the withdrawal period), with the provision of two nurses for each patient in the treatment and rehabilitation hospitals over a period of (24) hours and as directed by the treating consultant.

7- Providing an integrated laboratory that contains devices for detecting narcotic drugs and psychotropic substances in blood and urine and their deposition rate, and devices for detecting hepatitis (B&C) disease and acquired immune deficiency syndrome (AIDS), or contracting with a specialized laboratory accredited by the authority.

8- Male patient wards should be separated from female wards, and adults' wards should be separated from teenagers' wards.

9- Allocating a place for recreational treatment according to the capacity of the hospital or center.

Article (14)

Outpatient clinics

Subject to the provisions of the health care facilities decision, the following requirements must be met in outpatient clinics in treatment and rehabilitation hospitals and centers:

- 1- Procedures and controls for admitting the patient in the event of any future relapse.
- 2- Modern medicines for the treatment of addiction and the associated psychological conditions, on a regular basis.
- 3- Supporting advisory services.
- 4- Regular and periodic appointments for patient's follow-up.

Article (15)

Requirements for drug administration

Subject to the provisions of the health care facilities 'decision, treatment and rehabilitation hospitals and centers in administering medicines must follow the following:

- 1- Establishing a clear and specific policy for dispensing medicines.
- 2- Establish strict control over the dispensing and registration of controlled medicines.

- 3- Preserving narcotic drugs in a cupboard that has two doors with a double lock connected to an alarm or lighting device.
- 4- Follow the principles of proper storage of medicines and monitor the temperature and humidity in the pharmacy and treatment rooms in the wards.
- 5- Providing an alarm system that links the refrigerators in the pharmacy to the maintenance officer in the event of a defect.
- 6- Provide a list of doctors and their signature; to compare those in the prescriptions.

Article (16)

Requirements for rehabilitation centers

The following must be available in the rehabilitation center:

- 1- The staff at the center must have the necessary training in the field of psychological and behavioral counseling and recovery from addiction, and they are authorized by the authority to work in the facility, and they are licensed to practice in the event If any is a health professional.
- 2- The center's role is limited to providing psychological and behavioral counseling to recover from addiction.
- 3- There should be a clear policy for dealing with relapse cases.
- 4- There should be a policy for dealing with emergencies; And how to refer it.
- 5- There should be an internal policy to follow up the cases with the physician and to ensure the periodic testing of the attendees.
- 6- If there is an accommodation in the center, there should be a nurse around the clock to deal with the attendees and contracting with a general practitioner to deal with emergency cases.
- 7- There should be coordination and follow-up with the physician supervising the patient's treatment, with a written treatment plan specifying the role of the psychologist or psychological counselor in the center.
- 8- The patient in the center should not be offered any kind of drug therapy or detoxification treatment.
- 9- Obtaining the patient's written consent of his commitment to the center's regulations, his knowledge of his rights during entry and discharge, and the center's commitment to providing him with advice.

Article (17)

Medical records controls

Subject to the provisions of the decision of health care facilities, the health facility is committed to the following:

- 1- That the data, information and reports about the patient and the referring entity to the facility, if any, are recorded in the paper or electronic record, and the notes of the nursing, social worker, psychologist, occupational therapy specialist and the timing of the patient's discharge from the health care facility.
- 2- To indicate in the released medical prescription the strength of the prescribed medicine and the prescribed quantity in letters and numbers.
- 3- The electronic record concerned with maintaining the confidentiality of data and information should not make any change to the patient's medical record.
- 4- Keep copies of the medical examinations and laboratory tests conducted for the patient, especially those related to infectious diseases such as hepatitis (B&C), acquired immune deficiency syndrome (AIDS), HIV, HBV, (HCV).